

SBS WELLNESS CENTRE INDIA PRIVATE LIMITED

CATALOG

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SBS Wellness Index



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Sandhimukta A Complete Solution of Joint Pain



Discription:- Joint pain, also known as arthralgia, refers to discomfort, pain, or inflammation in one or more joints. Joints are the points where two or more bones meet, and they play a crucial role in facilitating movement, flexibility, and support for the body.

Symptoms:-1. Stiffness or limited mobility

- 2. Swelling or redness
- 3. Warmth or inflammation
- 4. Cracking or grinding sensations

GRANULES:-Take Sandhimukta Granules half a teaspoon in the morning and evening after meals with water or as advised by the physician.

POWDER:-Take Jathar Safa Powder 1 teaspoon with lukewarm water at bedtime or as advised by the physician.

TABLET:-Take Sandhimukta Tablet 1 tablet each in the morning and evening after meals with water or as per doctor's advice.

OIL:-Apply Sandhimukta Oil on the affected area 1 to 2 times a day as needed or as per doctor's advice.



Madhuparmeh Exilent Medicine to Level Blood Sugar



<u>Discription:</u> Diabetes is a group of metabolic disorders characterized by high blood sugar levels. It occurs when the body is unable to produce enough insulin, a hormone that regulates blood sugar levels, or when the body becomes resistant to insulin.

Symptoms:-1. Increased thirst and urination

- 2. Fatigue
- 3. Blurred vision
- 4. Slow healing of cuts and wounds

GRANULES:-Take Madhuparmeh Granules half a teaspoon in the morning and evening after meals with water or as advised by the physician.

POWDER:-Take Jathar Safa Powder 1 teaspoon with lukewarm water at bedtime or as advised by the physician.

TABLET:-Take Madhuparmeh Tablet 1 tablet each in the morning and evening after meals with water or as per doctor's advice.



Raktochapsam Helps you relax and ease Hypertension.



Discription:- Blood pressure is the force exerted by blood against the walls of arteries as it circulates throughout the body. It's a vital sign that helps assess the health of the cardiovascular system.

Symptoms:- 1. Headaches

- 2. Dizziness
- 3. Nosebleeds
- 4. Fatigue

GRANULES:-Take Raktochapsam Granules half a teaspoon in the morning and evening after meals with water or as advised by the physician.

POWDER:-Take Jathar Safa Powder 1 teaspoon with lukewarm water at bedtime or as advised by the physician.

TABLET:-Take Raktochapsam Tablet 1 tablet each in the morning and evening after meals with water or as per doctor's advice.



Night Baadshah Increase Pleasure and Sensation.



<u>Discription:-</u> Sexual problems, also known as sexual dysfunction, refer to any issue that affects an individual's or couple's ability to enjoy or engage in sexual activities. These problems can be physical, emotional, or psychological in nature.

Symptoms:- 1. Difficulty achieving orgasm

- 2. Pain during sex
- 3. Decreased interest in sex
- 5. Premature ejaculation

POWDER:-Take half a teaspoon of powder with lukewarm water before going to bed and eat light food at night.

POWDER:-Take Jathar Safa Powder 1 teaspoon with lukewarm water at bedtime or as advised by the physician.

CAPSULE:-Take one capsule in the morning and one capsule in the evening with milk

OIL:-Massage the penis gently twice a day. Massage from back to front for 4-5 minutes. This will tighten your veins.



Hridayasth Dual Power to Protect your Heart.



<u>Discription:</u> Heart disease, also known as cardiovascular disease, refers to a group of conditions that affect the heart and blood vessels. It's a leading cause of death and disability worldwide.

Symptoms:- 1. Chest pain or discomfort

- 2. Shortness of breath
- 3. Dizziness or lightheadedness
- 4. Palpitations or irregular heartbeat

GRANULES:-Take Hridayasth Granules half a teaspoon in the morning and evening after meals with water or as advised by the physician.

POWDER:-Take Jathar Safa Powder 1 teaspoon with lukewarm water at bedtime or as advised by the physician.

TABLET:-Take Hridayasth Tablet 1 tablet each in the morning and evening after meals with water or as per doctor's advice.



Arshas A Complete Solution of Piles



<u>Discription:-</u> Piles, also known as hemorrhoids, are swollen veins in the lower rectum or anus. They can cause discomfort, itching, and bleeding during bowel movements.

Symptoms:-1. Pain or discomfort

- 2. Itching or irritation
- 3. Bleeding during bowel movements
- 4. Swelling around the anus

GRANULES:-Take Arshas Granules half a teaspoon in the morning and evening after meals with water or as advised by the physician.

POWDER:-Take Jathar Safa Powder 1 teaspoon with lukewarm water at bedtime or as advised by the physician.

TABLET:-Take Arshas Tablet 1 tablet each in the morning and evening after meals with water or as per doctor's advice.

OINMENT:-Apply Arshus Ointment on the affected area 1 to 2 times a day as needed or as per doctor's advice.



Keshropan Permanent Solution to control Hair Fall



<u>Discription:-</u> Hair loss, also known as alopecia or hair loss, is the loss or thinning of hair from the head or other parts of the body. It usually involves the loss of hair on the scalp.

Symptoms:- 1. Thinning or falling hair.

- 2. Hair breakage or splitting
- 3. Slow hair growth
- 4. Changes in hair texture or color

GRANULES:-Take Keshropan Granules half a teaspoon in the morning and evening after meals with water or as advised by the physician.

POWDER:-Take Jathar Safa Powder 1 teaspoon with lukewarm water at bedtime or as advised by the physician.

TABLET:-Take Keshropan Tablet 1 tablet each in the morning and evening after meals with water or as per doctor's advice.

OIL:- Apply hair keshropan oil on the hair and massage with light hands.



Naryochakra A Complete Solution of PCOD



<u>Discription:-</u> PCOD (Polycystic Ovary Disorder) is a hormonal disorder that affects women of reproductive age. It's a complex condition that affects the ovaries, hormones, and other bodily systems.

Symptoms:-1. Irregular menstrual cycles

- 2. Infertility or difficulty getting pregnant
- 3. Miscarriage
- 4. Abnormal uterine bleeding

NARYOCHAKRA POWDER:-

Consume one spoon (5 grams) in the morning on an empty stomach with a glass of milk.

POWDER:-Take Jathar Safa Powder 1 teaspoon with lukewarm water at bedtime or as advised by the physician.

TABLET:-Take 1 Naryochakra Tablet in the morning one hour after meal and in the evening one hour after meal with water.

LIQUID:-Clean the vagina with clean water using the convenient Naryochakra Liquid 2 to 3 times a day.



Livoratnam Multi Herbs for Healthy Liver



<u>Discription:</u> Heart disease, also known as cardiovascular disease, refers to a group of conditions that affect the heart and blood vessels. It's a leading cause of death and disability worldwide.

Symptoms:- 1. Chest pain or discomfort

- 2. Shortness of breath
- 3. Dizziness or lightheadedness
- 4. Palpitations or irregular heartbeat

GRANULES:-Take Livoratnam Granules half a teaspoon in the morning and evening after meals with water or as advised by the physician.

POWDER:-Take Jathar Safa Powder 1 teaspoon with lukewarm water at bedtime or as advised by the physician.

TABLET:-Take Livoratnam Tablet 1 tablet each in the morning and evening after meals with water or as per doctor's advice.



Tamak Shwas

A Complete Solution of Anti Allergic, Cold & Cough



<u>Discription:-</u> An allergic cold and cough occur when your immune system reacts to allergens such as dust, pollen, mold, pet dander, or strong odors. Unlike viral infections, this reaction is triggered by exposure to allergens

Symptoms:-1. Frequent Sneezing

- 2. Runny or Stuffy Nose
- 3. Watery or Red Eyes
- 4. Fatigue or Mild Weakness

GRANULES:-Take Tamak Shwas Granules half a teaspoon in the morning and evening after meals with water or as advised by the physician.

POWDER:-Take Jathar Safa Powder 1 teaspoon with lukewarm water at bedtime or as advised by the physician.

TABLET:-Take 1 Tamak Shwas Tablet in the morning one hour after meal and in the evening one hour after meal with water.



Bhimotkarsh A Complete Solution of Body Growth



<u>Discription:</u> Thinness, weakness, and fatigue are key signs of a lack of energy, nutrition, and strength. This condition occurs when the body doesn't get enough nutrients, proteins, and vitamins, or when the digestive system isn't functioning properly.

Symptoms:-1. Low Body Weight

- 2. Lack of Muscle Mass
- 3. Frequent Illness
- 4. Low desire to eat or early fullness.

GRANULES:-Take Bhimotkarsh Granules half a teaspoon in the morning and evening after meals with water or as advised by the physician.

POWDER:-Take Jathar Safa Powder 1 teaspoon with lukewarm water at bedtime or as advised by the physician.

TABLET:-Take 1 Bhimotkarsh Tablet in the morning one hour after meal and in the evening one hour after meal with water.



Anti-Stress

A Complete Solution of Improve Memory



Discription: Stress is a common part of modern life that can affect both the mind and body, leading to fatigue, anxiety, irritability, and lack of focus. But if it is too much then it is necessary to control it.

Symptoms:-1. Constant worry or anxiety

- 2. Irritability or mood swings
- 3. Headaches or muscle tension
- 4. Trouble sleeping (insomnia)

GRANULES:-Take Anti-Stress Granules half a teaspoon in the morning and evening after meals with water or as advised by the physician.

POWDER:-Take Jathar Safa Powder 1 teaspoon with lukewarm water at bedtime or as advised by the physician.

TABLET:-Take 1 Anti-Stress Tablet in the morning one hour after meal and in the evening one hour after meal with water.



Pachyati A Complete Solution of Improve Digestion



<u>Discription:-</u> Inflammation of the gut refers to swelling and irritation of the digestive tract lining, often caused by infection, poor diet, stress, or autoimmune reactions.

Symptoms:-1. Bloating & Gas

- 2. Diarrhea or Constipation
- 4. Abdominal Pain or Cramping

GRANULES:-Take Pachyati Granules half a teaspoon in the morning and evening after meals with water or as advised by the physician.

POWDER:-Take Jathar Safa Powder 1 teaspoon with lukewarm water at bedtime or as advised by the physician.

TABLET:-Take 1 Pachyati Tablet in the morning one hour after meal and in the evening one hour after meal with water.



Kanthmani

A Complete Solution of Thyroid Glad Disorder

Discription:- A thyroid gland disorder occurs when the thyroid — a small, butterfly-shaped gland located in the neck — produces an abnormal amount of hormones. These hormones (T3 and T4) control the body's metabolism, energy levels, and overall growth.

Symptoms:-1. Fatigue & Weakness

- 2. Weight Gain
- 3. Hoarse Voice or Puffy Face
- 4. Depression or Low Mood

GRANULES:-Take Kanthmani Granules half a teaspoon in the morning and evening after meals with water or as advised by the physician.

POWDER:-Take Jathar Safa Powder 1 teaspoon with lukewarm water at bedtime or as advised by the physician.

TABLET:-Take 1 Kanthmani Tablet in the morning one hour after meal and in the evening one hour after meal with water.



Raktadhar A Complete Solution of Skin Disease



Discription: Skin disease refers to any condition that affects the skin — the body's largest organ — causing changes in its appearance, texture, or function. These disorders may result from infections, allergies, immune reactions, environmental factors, or underlying health issues.

Symptoms:-1. Redness or Inflammation

- 2. Rashes or Spots
- 3. Blisters or Pimples
- 4. Itching or Burning Sensation

GRANULES:-Take Raktadhar Granules half a teaspoon in the morning and evening after meals with water or as advised by the physician.

POWDER:-Take Jathar Safa Powder 1 teaspoon with lukewarm water at bedtime or as advised by the physician.

TABLET:-Take 1 Raktadhar Tablet in the morning one hour after meal and in the evening one hour after meal with water.



Rupin

A Complete Solution of Reducing Weight



Discription: Over body fat refers to the excessive accumulation of fat in the body, often caused by an imbalance between calorie intake and energy expenditure. It occurs when the body stores more fat than it burns, leading to weight gain, sluggish metabolism, and reduced stamina.

Symptoms:-1. Excess Body Fat

- 2. Shortness of Breath
- 3. Excessive Sweating
- 4. Low Confidence or Body Discomfort

GRANULES:-Take Rupin Granules half a teaspoon in the morning and evening after meals with water or as advised by the physician.

POWDER:-Take Jathar Safa Powder 1 teaspoon with lukewarm water at bedtime or as advised by the physician.

TABLET:-Take 1 Rupin Tablet in the morning one hour after meal and in the evening one hour after meal with water.



V-Again 19

A Complete Solution of Vaginal Care



<u>Discription:-</u> Vaginal issues are common health concerns that can affect women of all ages. They may occur due to hormonal changes, infections, poor hygiene, or irritation from products. Common problems include dryness, itching, burning sensation, unusual discharge, foul odor, looseness, or pain during intercourse.

Symptoms:-1. Itching or irritation in the vaginal area.

- 2. Looseness or loss of firmness.
- 3. Swelling or redness.
- 4. General discomfort or heaviness.

GRANULES:-Take V-Again 19 Granules half a teaspoon in the morning and evening after meals with water or as advised by the physician.

POWDER:-Take Jathar Safa Powder 1 teaspoon with lukewarm water at bedtime or as advised by the physician.

TABLET:-Take 1 V-Again 19 Tablet in the morning one hour after meal and in the evening one hour after meal with water.

LIQUID:- Apply a small amount of V-Again 19 liquid on the external vaginal area, gently cleanse, and rinse thoroughly with water.



Natural Beauty A Complete Solution of Breast Enhancement



<u>Discription:</u> Over body fat refers to the excessive accumulation of fat in the body, often caused by an imbalance between calorie intake and energy expenditure. It occurs when the body stores more fat than it burns, leading to weight gain, sluggish metabolism, and reduced stamina.

Symptoms:-1. Excess Body Fat

- 2. Shortness of Breath
- 3. Excessive Sweating
- 4. Low Confidence or Body Discomfort

GRANULES:-Take Rupin Granules half a teaspoon in the morning and evening after meals with water or as advised by the physician.

POWDER:-Take Jathar Safa Powder 1 teaspoon with lukewarm water at bedtime or as advised by the physician.

TABLET:-Take 1 Rupin Tablet in the morning one hour after meal and in the evening one hour after meal with water.

CREAM:- Use Natural Beauty Cream per day From bottom to top with light hand for 15-20 minutes Massage breast in circular motion.







Corporate Office: NDM-1, FLOOR NO-7, OFFICE NO.707 A, NETA JI SUBHASH PLACE, PITAM PURA, NEW DELHI-110034

Head Office: H-1,386-387,Agro Food Park,Riico,Sri Ganganagar, Rajasthan -335002

M.+91 9828385808, 7568158059 Mail: info@sbswellness.in







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